

Local support services

Unite
against
COVID-19

COVID-19 has changed how many of us live and work in Hawke's Bay. It's okay to ask for help. As we work through this together, there are people and agencies that can support you.

For information about New Zealand's response to COVID-19 go to www.covid19.govt.nz.
Visit www.hbemergency.govt.nz for information specific to Hawke's Bay.

Getting through together

Hawke's Bay District Health Board has set up a triage number for Hawke's Bay residents struggling to cope with the effects of COVID-19.

If you or someone you know needs to speak to someone, call **0800 561 322 from 8.30am to 5pm, Monday to Friday (excluding public holidays)**.

This is a non-emergency number. If you or someone you know is not all right and needs urgent support, call **Emergency Mental Health services on 0800 112 334, or 111**.

GETTING THROUGH TOGETHER
WHĀIA E TĀTOU TE PAE TAWHITI
0800 561 322
(for Hawke's Bay residents only)

HAWKE'S BAY
District Health Board
Whakawātea

ALL RIGHT?
allright.org.nz

Council services

If you have questions about council services and facilities, or if you are in hardship and struggling to pay your rates on time, get in touch with your local council at the numbers below.

Central Hawke's Bay District Council

www.chbdc.govt.nz ■ +64 6 857 8060

Hastings District Council

www.hastingsdc.govt.nz ■ +64 6 871 5000

Napier City Council

www.napier.govt.nz ■ 0800 4 NAPIER
(0800 462 7437)

Wairoa District Council

www.wairoadc.govt.nz ■ +64 6 838 7309

Hawke's Bay Regional Council

www.hbrc.govt.nz ■ +64 6 835 9200

Local financial and budgeting services

For budget advice in Central Hawke's Bay

Contact CHB Budget Services for help with personal financial and budgeting needs
carmel.chbbudget@xtra.co.nz ■ +64 6 858 8196

For budget advice in Hastings

Contact BudgetFirst for personal budgeting and debt management advice
info@budgetfirst.co.nz ■ +64 6 878 0530

For budget advice in Napier

Contact Napier Family Centre for budget advice
info@napierfamilycentre.org.nz ■ +64 6 843 7280

Contact Birthright for legal and financial help
admin@birthrighthb.org.nz ■ 0800 457 146

For budget advice in Wairoa

Contact Wairoa Financial Literacy Service Inc. for budgeting and financial support services
wairoabas@xtra.co.nz ■ +64 6 838 6921

Māori, Pasifika and migrant whānau pounamu (most vulnerable) services

Tihei Mauri Ora Centre

Contact for information and advice on welfare services and support

tmo.admin@kahungunu.iwi.nz ■ 0800 211 042

Kainga Pasifika

Contact for relationship services and family harm help

tevitaf@dovehb.org.nz ■ +64 6 843 5307

Te Kupenga Hauroa

Contact for health and social services

info@tkh.org.nz ■ +64 6 835 1840

Te Taiwhenua O Heretaunga

Contact for whānau wellbeing support

0800 TAIWHENUA ■ +64 6 871 5350

Whatever It Takes Trust Inc.

Contact for mental health support

team@witservices.co.nz ■ +64 6 835 2154

Emerge Aotearoa

Contact for various support services

+64 6 843 5118 or 027 240 8322

Te Ara Manapou

Contact for pregnancy and parenting support

0800 234 556

Drought support

If you need support

Call 0800 787 254 to speak with a representative from the East Coast Rural Support Trust.

For more information on the drought

Visit the Drought Hub - go to

www.hbrc.govt.nz and search #drought

If you need feed, call

■ 0800 BEEFLAMB (0800 23 33 52) or

■ 0800 4 DAIRYNZ (0800 43 24 79 69)

to speak with a feed co-ordinator.

Other services

For general advice and information

Contact your local Citizens Advice Bureau for information on your rights

www.cab.org.nz ■ 0800 367 222

Looking for work or financial support

Contact the Ministry of Social Development.

You may be able to get a benefit or some other financial help.

MSD can also help you look for work.

- www.msd.govt.nz
- www.jobs-during-covid.workandincome.govt.nz
- 0800 559 009 (MSD general line)
- 0800 552 002 (seniors 65+)
- 0800 88 99 00 (students)

For health advice

Call your doctor, or contact Healthline for free health advice and information provided by trained professionals.

0800 611 116 (Healthline) ■ www.healthpoint.co.nz

For mental health or addiction support

Call or text 1737 to talk to someone trained to help. For specific help, you can contact the Depression Helpline or Alcohol Drug Helpline

- 1737 (1737 Helpline)
- www.1737.org.nz
- 0800 111 757 (Depression Helpline)
- 0800 787 797 (Alcohol Drug Helpline)